

Monday	Tuesday	Wednesday	Thursday	Friday
12th	13th	14th	15th	16th
8:00am- Center opens	8:00am- Center opens	8:00am- Center opens	6:30am- MID WEST FOOD BANK	8:00am- Center opens
9:00am- Van arrives	9:00am- Van arrives	9:00am- Van arrives	NO VAN SERVICE	9:00am- Van arrives
9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch	8:00am- Center opens	9:30am- Morning Greeting & Stretch
9:30am- 30-day fitness challenge	9:30am- 30-day fitness challenge	9:30am- 30-day fitness challenge	9:30am- Morning Greeting & Stretch	9:30am- 30-day fitness challenge
10:00am- Exercise breakout	10:00am- Exercise breakout	10:00am- Exercise breakout	9:30am- Morning Greeting & Stretch	10:00am- Exercise breakout
10:15am- Outdoor Recreation- Freedom Park	10:15am- Outdoor Recreation- Baker Park	10:15am- Chiropractic	9:30am- 30-day fitness challenge	10:15am- Outdoor Recreation- Clam Pass
10:30am- Peer to Peer Support-One on one	10:15am- Peer to Peer Support- One on one	10:15am- Choose your favorite music video	10:00am- Exercise breakout	10:30am- Peer to Peer Support-One on One
11:00am- In Our Own Voice Group	10:15am- Media- Newsletter & Calendar	10:30am- Peer to Peer Support-One on one	10:15am- Job Skills: Employment, Food Stamps, Phone activation	10:30am- Fun Games
11:00am- Art for therapy- Water Colors	11:00am- Art for therapy- Valentines Delivery	10:30am- Media- Newsletter & Calendar	10:30am- Art for therapy- Abstract Art	11:00am- Art for therapy- Free Art
11:30am- Lunch Prep- oatmeal bars/ kitchen cleanup	11:30 am- Devotional Messages	11:00am- Art for therapy- Cookie Cutter Painting	11:00am- Computer lab	11:30am- Lunch Prep- Kitchen cleanup
12:15pm- Lunch	11:30am- Lunch Prep- kitchen cleanup	11:00am- Forensic Support Group	11:00am- Hearing Voices Seeing Things Group	12:15pm- Lunch
12:45pm- Afternoon Reset	12:15pm- Lunch	11:30am- Lunch Prep- kitchen cleanup	11:30am- Lunch Prep- kitchen cleanup	12:45pm- Afternoon Reset
1:00pm- Socials: shopping- Hobby Lobby	12:30pm- Share your story	12:15pm- Lunch	12:15pm- Lunch	1:00pm- Socials: Trivia w/ Brandon
1:00pm- Art for therapy- Doilies Sponge Painting	12:45pm- Afternoon Reset	12:45pm- Afternoon Reset	12:45pm- Afternoon Reset	1:30pm- WRAP Time
1:30pm- Peer to Peer Support Group	1:30pm- Gardening Club- Garden Ideas Video	1:00pm- Project Help Support Group	1:00pm- Inspirational Videos	1:30pm- Gardening Club- Inspect the Grounds
2:00pm- NAMI Signature Programs Planning	1:30pm- NAMI Connection Group	1:00pm- Art for therapy- Coloring	1:00pm- Peer to Peer Support-One on one	2:00pm- Pantry Inventory
2:15pm- Ice Breakers- Thumbs up	2:00pm- Peer to Peer Support	1:00pm- Indoor Recreation- Tell your favorite clean joke	2:00pm- Indoor Recreation- Karaoke	2:00pm- Weekend prep
3:00pm- Pantry shopping	2:00pm- TED Talk- Talk on Love	2:30pm- Job Skills: Employment, Food Stamps, Phone activation	2:00pm- Media- Newsletter submissions	2:30pm- Ice Breakers- Pool Tournament
3:30pm- Closing checklist	2:30pm- Indoor Recreation- Basketball shootout	2:30pm- Ice Breakers- Beach Ball Game	2:30pm- Outdoor grounds cleanup	2:30pm- Job Skills: Employment, Food Stamps, Phone activation
3:45pm- Afternoon wrap up/ Van Checklist/Van departs	2:30pm- Giving Room	2:30pm- Pantry Shopping	3:30pm- Closing Checklist	3:30pm- Closing Checklist
4:00pm- Center Closes	2:30pm- Pantry Inventory	3:30pm- Closing Checklist	4:00pm- Center Closes	3:45pm- Afternoon wrap up/ Van Checklist/ Van departs
	3:30pm- Closing Checklist	3:30pm- Kitchen Inventory		4:00pm- Center Closes
	3:45pm- Afternoon wrap up/ Van Checklist/Van departs	4:00pm- Center Closes		

Color Code: Blue: Mary Kay
Orange: Brandon
Maroon: Torri
Green: Peer Support
Black: Regularly Scheduled Activities