

Monday	Tuesday	Wednesday	Thursday	Friday
6th	7th	8th	9th	10th
8:30am- Center opens	8:30am- Center opens	8:30am- Center opens	8:30am- Center opens	8:30am- Center opens
9:00am- Van arrives	9:00am- Van arrives	9:00am- Van arrives	9:00am- Van arrives	9:00am- Van arrives
9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch	9:30am- Morning Greeting & Stretch
9:45am- Weekend Wrap-up		10:15am- Chiropractic 10:15am-All Day Mural Coloring	10:00am- Outdoor recreation- Fleischman Park	9:15am- Outdoor recreation- Clam Pass 9:15am-All Day Mural Coloring
10:15am- Outdoor recreation- Freedom Park 10:15am-All Day Mural Coloring	10:15am- Outdoor recreation- Baker Park 10:15am-All Day Mural Coloring	10:30am- Art Therapy- Acrylic Painting 10:30am- Peer to Peer Support-One on One	10:15am-All Day Mural Coloring 10:15am- Art Therapy- Black and White Art	10:15am-Members Check Garden/ Water Plants
10:30am- Art Therapy- Watercolor Painting 10:30am- Empowerment with Carolyn	10:30am- Art therapy- Sand Art 10:30am- Peer to Peer Support Group	11:00am- Forensic Support Group 11:00am- Mood Group: Self-Expression-Art Room	10:30am- Peer to Peer Support-One on One 11:00am- Gardening- Water Plants	10:30am- Art Therapy- Adult Coloring 10:30am- Peer to Peer Support-One on One 10:30am- WRAP time
11:00am- Speaker Series- Share your Story-Member 11:00am- In Our Own Voice 11:00am- Gardening- Water Plants	11:15am- Devotional Messages	11:30pm- Lunch Prep- 3 Beans Salad-Kitchen cleanup 12:15pm- Lunch	11:15am- Hearing Voices Seeing Things Group 11:15am- Virtual Dance	11:30am- Inspirational Music 11:30am- Lunch Prep- Popcorn-Kitchen cleanup 12:15pm- Lunch
11:30am- Lunch Prep- Banana Muffin/Kitchen cleanup 12:15pm- Lunch	11:30am- Lunch Prep-Meal Prep Ideas-Kitchen cleanup 12:15pm- Lunch	12:45pm-Afternoon Reset	11:30am- Lunch Prep- Spaghetti Sauce- Kitchen cleanup 12:15pm- Lunch	12:45pm-Afternoon Reset
12:45pm-Afternoon Reset	12:45pm-Afternoon Reset	1:00pm- Project HELP Support Group 1:00pm- Book Club 1:00pm- Name that Tune	12:45pm-Afternoon Reset	12:45pm-Afternoon Reset
1:00pm- Art Therapy- Friendship Card 1:00pm- Peer to Peer Support sessions 1:00pm- Socials: Shopping Five Below	1:00pm- Gardening Club- Transplant Plants 1:00pm- NAMI Connection	2:30pm- Art Therapy- Line Art 2:30pm- Ice Breakers- Tell your favorite joke 2:30pm- Peer to Peer Support-One on One	1:00pm- Art Therapy- Canvas Art 1:00pm- Inspirational Videos 1:00pm- Table Games	1:00pm- Indoor Recreation-Ping-Pong Game 1:00pm- Board Games 1:00pm- Socials - Beacon Bowl
2:00pm- Organizing Giving Room/Pantry 2:00pm- Tune Group	2:00pm- TED Talk- A three step guide to believe in yourself 2:00pm- Ice Breakers- Beach ball	3:00pm- Pantry Shopping	3:00pm- Organizing Giving Room/Pantry	2:00pm- Karaoke 2:00pm- Media Planning 2:00pm- PACT
2:30pm- Ice Breakers- Balloon Game	2:30pm- Pantry Inventory 2:30pm- Peer to Peer Support-One on One	3:15pm- St. Matts Drop Off Closing Checklist	3:15pm- St. Matts Drop Off Closing Checklist	2:30pm- Ice Breakers-Beach Ball Questions 2:30pm- Pantry Shopping
3:15pm- St. Matts Drop Off Closing Checklist	3:10pm- St. Matts Drop Off Closing Checklist 3:45pm- Afternoon wrap up/ Van Checklist/Van departs 4:30pm- Center closes	3:30pm- Kitchen Inventory	3:15pm- St. Matts Drop Off Closing Checklist	3:15pm- St. Matts Drop Off Closing Checklist 3:45pm- Afternoon wrap up/ Van Checklist/ Van departs 4:30pm- Center Closes
3:45pm- Afternoon wrap up/ Van Checklist/Van departs		3:45pm- Afternoon wrap up/ Van Checklist/Van departs 4:30pm- Center Closes	3:45pm- Afternoon wrap up/ Van Checklist/Van departs	3:45pm- Afternoon wrap up/ Van Checklist/ Van departs 4:30pm- Center Closes
4:30pm- Center closes			4:30pm- Center closes	

Color Code: Blue: Mary Kay
Orange: Brandon
Maroon: Torri
Green: Peer Support
Black: Regularly Scheduled Activities